

Recent Cookery Books - December 2018

Southeast Asia Head Office
Blk 231, Bain Street
#03-05, Bras Basah Complex
Singapore 180231
Tel : +65-6883-2284/6883-2204
Fax : +65-6883-2144
info@marymartin.com
www.marymartin.com

South Asia Head Office
8/123, Third Street,
Tatabad, Coimbatore 641012
India
Tel : +91-422-2499030/2495780
Fax : +91-422-2495781
info@marymartin.com
www.marymartin.com

Bekwoh: Stories and Recipes From Peninsular Malaysia's East Coast / Bryan Koh
Xochipilli, Singapore 2018

258p.

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850 gm.

In his third book, Bryan turns his attention to the food of the Malaysian Peninsula's east coast, comprising the states of Kelantan, Terengganu and Pahang. Researched and written over the span of two years, Bekwoh is a journey, from the fishing villages of Terengganu where keropok lekor is made, to Kota Bharu's famous central market with its giddy selection of kuih (local snacks), from the border town of Tumpat for khao jam to the leman and rendang shacks in Pahang. It also touches on the daily and festive foods of the Peranakan Chinese communities in Kelantan and Terengganu. Essentially an East Coast term for vast cooking vessels, Bekwoh suggests abundance, big-heartedness and merriment, and that is what Bryan serves up, with a collection of over 100 recipes.

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